

Product Name	Category	Allergens(Best Effort/No Liability)	Ingredients
21 Spices and Mixes – All the Essential Ingredients to Make Every Recipe in Our Cookbook			
Bacon Wrapped Japanese Scallops (Frozen 1lb avg)	Gluten Free		Scallop slider (Scallop, transglutaminase) Sliced bacon (Pork, Water, Salt, Sugar, Sodium phosphate, Sodium erythorbate, Sodium nitrate, Smoke)
Blue Mussels (2 lbs (23-29 per lb, Cooked, Frozen)			Mussels
Cauliflower Bites – Crispy Out of the Oven!	Vegetarian	Contains: Milk, Wheat.	Cauliflower, Wheat Flour, Water, Vegetable Oil, Yellow Corn Flour, Potato Starch, Salt, Sugar, Dextrose, Whey, Flavour, Baking Powder, Colour, Spices, Mono and Diglycerides, Artificial Colour (contains tartrazine), Sodium Alginate, Calcium Caseinate. Contains: Milk, Wheat.
Chai Spice Mix with Indian Tea Bags – 36+ Servings – Amazing Gift!	Gluten Free, Vegan, Vegetarian	Produced in a facility that handles nuts, dairy, eggs, wheat, sulphites, mustard and sesame.	Black pepper, cinnamon, cardamon, ginger powder, peppercorn, nutmeg. Gluten Free. *note that this masala is made with care but in a facility that contains nuts, eggs, soy and other allergens
Channa Masala (Chickpea Curry) – Frozen – Ready in Minutes!	Gluten Free, Vegetarian	Produced in a facility that handles nuts, dairy, eggs, wheat, sulphites, mustard and sesame.	Chickpeas, water, tomatoes, onions, sour cream (milk ingredients, guar gum, propylene glycol, alginate, carrageenan, locust bean gum, xanthan gum, active bacterial cultures, microbial enzyme), vegetable oil (canola), ginger, garlic, herbs, spices, salt, xanthan gum. Produced in a facility that handles nuts, dairy, eggs, wheat, sulphites, mustard and sesame.
Chicken Souvlaki – Succulent Boneless Skinless Thighs (approx 1kg – frozen)	Gluten Free		Chicken thighs boneless skinless, Water, Salt, Lemon juice powder (glucose solids), Maltodextrin, Spices, Sodium phosphates, Sugar, Hydrogenated soybean oil (mfg aid), Dehydrated parsley.
Chicken Strips – Large, Restaurant Quality, 4.4 Lbs!		Contains: Wheat, Soy, Milk. May contain: Eggs	Chicken breast, water, toasted wheat crumbs, wheat flour, soy and/or canola oil, modified/corn starch, salt, sugar, spices, baking powder, garlic powder/extract, onion extract, soy protein isolate, whey powder (milk), natural flavour, Guar gum. Contains: Wheat, Soy, Milk. May contain: Eggs
Coconut Shrimp – Butterflied (Jumbo, 2 lbs, Frozen)		Contains: Wheat	Shrimp, water, wheat flour, coconut flakes, sugar, corn flour, salt, dextrose, sodium phosphate, artificial flavour, guar gum, yeast
Complete Indian Cooking Kit with Cookbook, Masala Dabba, Spices and Mixes – the Perfect Gift! (Comes in a gift bag) Spices to Make Every Recipe in Our Book!			
Cookbook with All the Essential Ingredients to Make Every Recipe			
Deluxe Cocktail Smoking Kit – Unique Father’s Day Gift!			
Egg Rolls – Crispy – Golden – All Veg! (20 Pieces, 1.13kg – Frozen)		Contains: Egg, Wheat	Filling: Cabbage, celery, carrots, corn, peas, onions, sugar, modified corn starch, salt, spices. Wrapper: wheat flour, water, liquid whole egg, salt, sodium propionate, mono- and di-glycerides, sodium stearoyl-2-lactylate, canola oil. Contains: Egg, Wheat
LED Galaxy Lamp – 16 Colours – With Remote Control			
LED Moon Lamp – 16 Colours – With Remote Control			
LED Safety Arm or Leg Bands – Rechargeable – 2 Pack			
LED Safety Arm or Leg Bands – Rechargeable – 2 Pack – Blue			
LED Safety Arm or Leg Bands – Rechargeable – 2 Pack – Green			

Product Name	Category	Allergens(Best Effort/No Liability)	Ingredients
Mac and Cheese Wedges – Crispy and ‘Melty’ Out of the Oven!	Vegetarian	Contains: Milk, Wheat.	Macaroni [Water, Enriched Durum Wheat Semolina], Water, Wheat Flour, Processed Cheddar Cheese Product (Cheese Seasoning [Milk, Lactic Cultures, Salt, Enzymes], Water, Milkfat, Sodium Phosphate, Sodium Hexametaphosphate, Salt, Artificial Colour), Vegetable Oil, Cheese Sauce Mix [Dehydrated Blend of Cheese (Semisoft and Cheddar Cheeses (Milk, Bacterial Culture, Salt, Enzymes)), Modified Corn Starch, Whey, Salt, Cellulose Gum, Butter, Sodium Phosphate, Silicon Dioxide, Lactic Acid, Citric Acid, Artificial Colour (contains tartrazine)], Yellow Corn Flour, Cheese Seasoning [Whey, Buttermilk Solids, Dehydrated Cheddar Cheeses (Milk, Cheese Culture, Salt, Enzymes)], Whey Protein Concentrate, Salt, Sodium Phosphate, Citric Acid, Artificial Colour (Contains Tartrazine), Lactic Acid, Enzyme], Salt, Whey Protein Concentrate, Wheat Starch, Modified Corn Starch, Whey, Skim Milk Powder, Baking Powder, Cheese Seasoning (Milk, Maltodextrin, Bacterial Cultures, Salt, Enzymes, Natural and Artificial Flavor, Buttermilk, Whey, Autolyzed Yeast Extract, Cultured Whey, Cream), Sugar, Colour, Spices, Buttermilk Powder, Flavour, Citric Acid, Dehydrated Onion, Lactic Acid, Garlic Powder. CONTAINS: Milk, Wheat.
Mango Sauce/Chutney – Perfect with our samosas!	Vegan, Vegetarian		Unripe mango chunks (33%), sugar, spice mix, Dried Ginger, Salt, Citric Acid, Potassium Metabisulfite
Masala Dabba – Indian Spice Box – The Toolbox of Indian Cooking (spices sold separately)			
Masala Dabba – Indian Spice Box – The Toolbox of Indian Cooking (spices sold separately) (Copy)			
Masala Dabba and Spices and Mixes Kit (No Book) – the Perfect Gift! (Comes in a gift bag) Spices to Make Every Recipe in Our Book!			
Meatless Meatballs in Vegan Butter Chicken Style Sauce – Frozen – Serves 4-6!	Vegan, Vegetarian	Produced in a facility that handles nuts, dairy, eggs, wheat, sulphites, mustard and sesame.	Meatless Meatballs Ingredients: Filtered water, Soy protein, Expeller pressed sunflower oil, Enriched wheat flour, Wheat gluten, Natural flavour, Cellulose gum, Herbs and spices, Dried onion, Malt extract, Cane sugar, Sea salt, Yeast extract, Dried garlic, Turmeric and paprika extracts. Sauce Ingredients: Coconut milk (coconut extract, water), Onions, Tomatoes, Water, Ginger, Garlic, Spices, Canola oil, Salt, Sugar, Herbs. Contains: Soy, Gluten, Wheat. May Contain: Sesame. Produced in a facility that process Nuts, Wheat, Dairy, Sesame, Sulphites, Egg and Mustard.
Samosas – Butter Chicken (20 Pieces – Frozen) – Check the 5 Star Reviews!		Produced in a facility that handles nuts, dairy, eggs, wheat, sulphites, mustard and sesame.	Stuffing Ingredients: Ground chicken, Peas, Onions, Potatoes (contains sodium metabisulfite), Crushed tomatoes, Sour cream (milk ingredients, modified corn starch, guar gum, sodium citrate, carrageenan, disodium phosphate, bacterial cultures), Canola oil, Ginger, Garlic, Spices, Salt, Herbs. Pastry Ingredients: All purpose flour, Enriched wheat flour, Water, Canola oil, Salt. May contain nuts, milk, eggs, wheat, sulphites, mustard and sesame.

Product Name	Category	Allergens(Best Effort/No Liability)	Ingredients
Samosas – Chicken (15 Pieces – Frozen) – Check the 5 Star Reviews!		Produced in a facility that handles nuts, dairy, eggs, wheat, sulphites, mustard and sesame.	Chicken, enriched flour, potatoes, onions, water, cilantro, canola oil, salt, spices, lemon juice (may contain nuts and eggs) *note that these products are made with care but in a facility that contains nuts, eggs, soy and other allergens
Samosas – Potato and Pea (20 pieces – Frozen) Check the 5 Star Reviews!	Vegan, Vegetarian	Produced in a facility that handles nuts, dairy, eggs, wheat, sulphites, mustard and sesame.	Potatoes, enriched flour, peas, onions, water, cilantro, canola oil, salt, spices, lemon juice *note that these products are made with care but in a facility that contains nuts, eggs, soy and other allergens
Samosas Mini Veggie (42-46 pieces – Frozen) – Perfect Appie!	Vegetarian	Produced in a facility that handles nuts, dairy, eggs, wheat, sulphites, mustard and sesame.	Stuffing Ingredients: Potatoes (contains Sodium Metabisulfite), Onions, Peas, Canola Oil, Spices, Salt, Herbs, Ginger. Pastry Ingredients: Enriched Wheat Flour, Water, Canola Oil, Salt, Spices. Produced in a facility that process Nuts, Wheat, Dairy, Sesame, Sulphites, Egg and Mustard.
Shrimp Risotto in a Crispy Coating (Frozen 360g)		Contains: Crustaceans (Shrimp), Milk, Wheat.	Rice, wheat flour, water, tomato, corn starch, potato starch, refined soybean oil, shallot, basil, cheese powder (milk, salt, rennet, lactic starters), shortening, salt, white wine, sugar, yeast extract, yeast, yambean, garlic, onion, celery, parsley, black pepper, white pepper, tripotassium citrate, (corn starch, calcium carbonate, calcium sulfate, L-ascorbic acid, alpha-amylase). Contains: Crustaceans (Shrimp), Milk, Wheat.
Smoking Saucer Kit – Unique Father’s Day Gift!			
Thank You, But I’m Not Sleepy – Children’s Book – By Vibha Sisodraker			
The Best Butter Chicken Sauce and Premium Rice – Fast and Tasty!	Gluten Free, Vegetarian	Contains: milk, sulphites.	Butter chicken sauce ingredients: Water, tomato paste, whipping cream (cream, milk, carrageenan), sugar, ginger purée, garlic purée, spices, salt, olive oil, canola oil, modified corn starch, citric acid. Contains: milk, sulphites.
The Flavourful Indian – Recipes from My Kitchen – Indian Cookbook – by Vibha Sisodraker			
Vegetable Pakoras – Crispy and Flavourful! (Frozen) 14-18 pieces	Vegan, Vegetarian	Produced in a facility that handles nuts, dairy, eggs, wheat, sulphites, mustard and sesame.	Onions, Chick Pea Flour, Potatoes(sodium metabisulphite), Spinach, Vegetable oil (Canola and/or Sunflower), Herbs, Corn Flour, Spices, Salt, Garlic, Baking Soda. Contains sulfites. May contain nuts, dairy, egg, wheat, sesame, and mustard.